14/09/2011 All-Africa Games Maputo 2011: Results Day 4 (Wednesday 14th September)

Women 20km walk: (14) 1. Chayma Trabelsi TUN 1:40.35, 2. Olfa Lafi TUN 1:41.25, 3. Aynalem Eshitu ETH 1:42:19, 4. Emily Ngii KEN 1:43.28, 5. Asnakech Ararrissa ETH 1:50.32, 6. Grace Thoithi KEN 1:51:32, 7. Adanech Mengistu ETH 1:53.37

Men 20km walk: (14) 1. Hassanin Sbei TUN 1:24:53, 2. Hedi Teraoui TUN 1:26:44, 3. Gabriel Ngintedem CMR 1:32:08, 4. Chernet Makoro ETH 1:33:38, 5. Julius Sawe KEN 1:34:46, 6. Misebo Minamo ETH 1:41:00, 7. Nilson Tavares CPV 1:57:45, Josphat Sirma KEN dq, Mulugueta Tesfaye ETH dq

Men's 400H: ‎1. Hamadi Abderahmane ALG 50.48, 2. Kurt Couto MOZ 51.04, 3. Julius Rotich KEN 51.15, 4. Daniel Lagamang BOT 51.44, 5. Hafiz Mohamed SUD 51.44, 6. Miloud Rahmani ALG 52.00, 7. Hardus Maritz NAM 52.29, 8. Abdelgadir Idriss SUD 53.45

Men's hammer: (14) 1. Mostafa Abdel Hamed EGY 74.76m, 2. Chris Harmse RSA 74.66m 3. Hassan Abdel Gawad EGY 69.70 (?, 68.22, 67.21, 68.31, 69.70, X)

Pole vault Men: (14) 1. Larbi Bouraada ALG 5.00m, 2. Mourad Souissi ALG 4.00m (only 2 athletes... or decathletes...)

Heptathlon: 1. Margaret Simpson GHA 6172 pts, 2, Gabriella Kouassi CIV 5714 pts, 3, Selloane Tsoaeli LES 5590 pts

Women’s long jump: 1. Blessing Okagbare NGR 6.50/+2.3, 2. Sarah Ngo Ngoa CMR 6.46m/+3.3, 3. Tahani Romaissa Belabiod ALG 6.46/+1.7

Women's discus: 1. Suzanne Kragbe CIV 56.56m, 2. Elizna Naude RSA 53.63m, 3. Alifatou Djibril TOG 46.46

Women's 10000m: Sule Utura ETH claims her second victory after the 5000m in 33:24.82, ahead of Wude Ayalew ETH 33:24.88. Meselech Melkamu drops after 16:50.

Carole Fuchs for African Athletics United (join this group on facebook)

Full results available on the following website: www.africathle.com